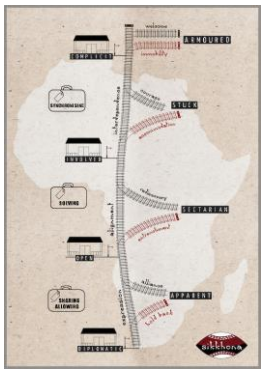
A journey towards team excellence

SIKKHONA®: A JOURNEY TOWARDS RELATIONAL EXCELLENCE THROUGH COMMUNICATION

During its lifetime a team passes through various phases of relationship within its members, some highly productive and constructive, others frustrating and destructive.

In this context, Sikkhona® is a tool to create a communication environment, encourage trust and relationship within teams, it allows team to proceed towards highly effectiveness, enriching both professional and personal growth of its members. With an online questionnaire it is identified and diagnosed, the stage where the team is in that moment as a starting point.



Sikkhona® shows the stages in which a team develops throughout its lifetime and proposes a set of tools and dynamics aimed at encouraging communication within its members, at facing conflict in a positive way and at creating cohesion.

In benefit of its practical application Sikkhona® uses a set of images that facilitates an open, honest and fluid communication within the team members

KEY FEATURES

- Model based in the research of human groups and teams
- The diagnostic report includes effective behaviours observed and derailment threats
- Diagnoses the status in which the team is
- Supported by an easy to use online platform
- Questionnaire and reports are available in English and Spanish
- Offers practical applications, tools and exercises for the team
- Used in organizations around the world: Europe, North, Central and South Americas and Australia.
- Used in more than 200 organizations, with more than 700 teams and more than 6.500 people.
- The questionnaire is validated from the Department of Applied Statistics of the University of Barcelona - UB.

WHY SIKKHONA®

Sikkhona® is ideal for team development, and to provide alignment within different departments or units in the organization, especially when they are facing challenges in communication, efficiency and productivity.

KEY BENEFITS

- Growth in confidence and trust
- Managing differences and conflicts
- Work and collaborate with more efficiency
- Growth in emotional maturity
- Supports openness and creativity
- Betters alignment within the team
- Enhances sense of belonging
- Improves personal implication
- Achieves personal commitment

ONLINE QUESTIONNAIRE

Sikkhona® has an online questionnaire for team members to complete that allows them to identify the stages in which the team stands. The report provides a detailed list of effective and ineffective behaviors within the team, together with a ranking of their frequency. The team that uses Sikkhona® has a clear and detailed picture of its strength and improvement areas.

With the purpose of maintaining a high-quality standard in working with individual persons, access to the online questionnaire is reserved to professionals owning the Sikkhona® certification. For you to use Sikkhona® and own your personal report it is required to contact a professional with the certification or attend a Sikkhona® Certification program.

SIKKHONA® ORGANIZATIONS

Sikkhona has been used in more than 200 organizations such as Adelte, Almirall, Audi, Baxi Roca, Catalunya Caixa, Cooltra, Criteria Caixa Corp., Cruz Roja, Decathlon, Educo, Esade, Forcemager, Fundación Vicente Ferrer, Gebro, Greenpeace, Grup Peralada, Grunenthal, Iberia, Ikea, Isdin, Privalia, Sece, Skoda, Travelperk, Trovit, UCB Pharma, Unilever y Volkswagen Group España Distribución among others.

www.institutodecom.com

© Alex Galofré and Ferran Ramon-Cortés - Instituto de Comunicación 2009